







### DEAR LADIES AND GENTLEMEN, DEAR SPORTS FRIENDS,

S port has been a significant phenomenon in human life for at least a century. By the end of the nineteenth and the first half of the twentieth century it meant fun for a small circle of enthusiasts, today it is not only expanded on all continents, but besides being the most widespread means of both active and passive entertainment, it is also a separate sector of economy, and most importantly, it is the most effective tool for the promotion and practical application of a healthy lifestyle.

Yes, today it is fashionable to play sports, today it is fashionable and necessary to create the best conditions for sport, which we are fully aware of in Michalovce. That is why we support sport by all available means. We build and modernize sports infrastructure not only for the needs of top athletes, but especially for young people, mainly in schools as well as in public spaces, so that active sports opportunities are available for all, regardless of age or gender.

We contribute financially to the activities of sports clubs in the town, especially those that have a youth membership, but also those who represent the town in all competitions.

Besides this, we promote sport and we draw attention to the achievements of individuals and sports teams awarding them in various forms and thus, providing especially young people with model examples worthy of following.

In order to increase the interest in active sport, we organize a wide range of sports competitions for all age groups of

our citizens and we also embrace the occasions when our town can become a venue for top national events as well as sporting events of international importance.

All of these things make us proud of the sporting life and sporting spirit present in the town, they fill us with optimism about our future, which is one of the reasons why we are heading for the European City of Sports title.

We hope the gaining of the title would mean the apprecia-

tion of Michalovce's current focus on sport, as well as the strengthening of the further sporting development and, last but not least, the creation of additional conditions for even more active development of sport by using new forms and means based on partnerships we hope to establish with cities of similar focus from all over Europe.

We are convinced that the town's sporting life will acquire a new qualitative dimension contributing to raising the level of sports clubs and events that already exist in the

town as well as creating further and new incentives to provide the citizens of Michalovce and visitors to our town with even greater opportunities for sports, and that this will contribute to the fact that people full of health and optimism will live in Michalovce as this is exactly what sport essentially offers and allows.

> Viliam Zahorčák Mayor of Michalovce



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### PRESENTING MICHALOVCE

he town of Michalovce – "the heart of Zemplín" – is situated on the plains of the Laborec River. The altitude varies from 115 to 140 meters. The natural border is represented by the Slanské Hills from the west, and by the Beskids Foothills and the Vihorlat Mountains from the north.

Nowadays, Michalovce is a district town with almost 38,000 inhabitants, administratively belonging to the Košice Self-governing Region.

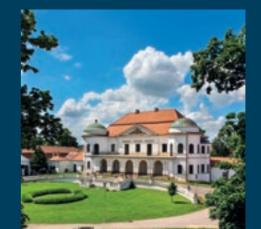
There is a fairly good infrastructure and developed industrial production (in many sectors). The town also represents an interesting multi-ethnic and multi-confessional location – besides the Slovak majority, there are also other minority nationalities. In the ecumenical activities, the Western ceremony (Roman Catholics and Protestants)

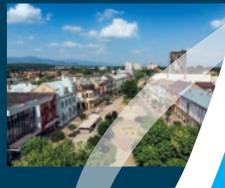
meets the Eastern one (Greek Catholics and Orthodox) in Michalovce.

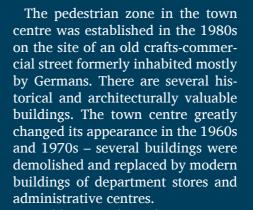
The oldest settlement of the Michalovce territory is dated to the prehistoric times. Michalovce itself is mentioned in the documents for the first time only in 1244, and as a town at the beginning of the 15th century. It was a typical country town, which at the same time formed the centre of the extensive Michalovce Estate. To control the local residents' behaviour, certain standards were drawn

up during the Renaissance period, and the town had even its own highwayman (executed in Poland). In 1919 – 1922 Michalovce was the administrative centre of the Zemplín Province in the newly established Czechoslovak Republic.

The oldest sacral building in the town is represented by the foundations of a rotunda with a horseshoe apse. All of the major religious beliefs and religious communities have their temples and chapels here.







In addition to the pedestrian zone, the town also has a historical centre – the Church Square, where several valuable historical objects are located, close to a large historical park featuring rare woods.

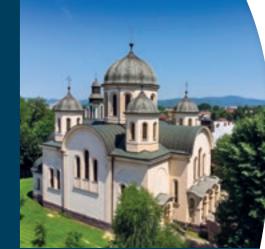
The natural landmark of Michalovce is represented by Hrádok Hill with a Neo-Gothic chapel.

The cultural and social life of the town is quite varied – the well-known folk ensemble Zemplín or the children's choir Pro Musica are based in the town.

The education has a comprehensive representation in Michalovce – from crèches to nursery schools, to primary and secondary schools to arts schools and colleges.

The town is also an entrance gate to the famous water reservoir of Zemplínska šírava, Vinianske Lake and the Vihorlat Mountains. Nearby, a castle above the village of Vinné is situated, as well as Senianske Ponds, wooden churches of Eastern rite, and from here one can also set off to the wine-growing regions of Michalovce-Sobrance, and Tokaj.







### **SPORTS INFRASTRUCTURE AND SPORTS FACILITIES**

### **SCHOOL SPORTS FACILITIES**

School Gymnasiums

(Primary and Secondary Schools)

The material and technical facilities of the elementary schools have greatly improved in recent years, with the improvements concerning both – the premises and their equipment.

All gymnasiums of the primary schools have undergone reconstructions as well as have their playing fields repaired.



Equipment quality concerning gymnastic equipment is also at a fairly good level.

In the town, there are 10 gymnasiums of secondary schools available for sports competitions and other activities. They are in good technical condition having larger or smaller dimensions.

In particular, this concerns the following secondary schools – Grammar School of Ľudovít Štúr (1 large gym), Secondary Technical School in Partizánska Street (1 large gym), Second-



ary Technical School in Kapušianska Street (1 large gym and 1 small gym), Secondary School of Business and Services in Školská Street (1 large gym and another large gym at the Dúha boarding facility), Business Academy in Kapušianska Street (2 small gyms), and Grammar School of Pavol Horov in Masarykova Street (1 small gym and 1 sports hall).



### **School Sports Grounds**

For sporting purposes, the sports grounds of the primary schools also serve. In recent years, multifunctional playgrounds have also been set up within various projects.

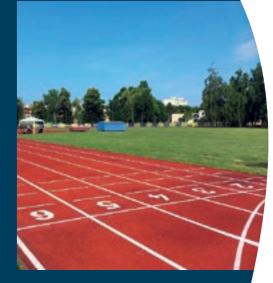
These are at Primary School in Krymská Street, Primary School in Školská Street, Primary School in Jána Švermu Street, and Primary School in Okružná Street.

On the grounds of Primary School in Komenského Street, an athletic track with an artificial surface has been built, the grounds of Primary School in Okružná Street feature also a football field with artificial grass and a beach volleyball court in addition to a multifunctional playground. Primary School is Školská Street, Primary School in Moskovská Street, Primary School in Krymská Street, and Primary School in Jána Švermu Street have grass football pitches. In addition, Primary School in Školská Street also uses the sports

complex of a former vocational school.

In 2013, a simple playground was built in Mlynská Street. It is mostly used for football.

The premises of the secondary schools also feature sports playgrounds – Grammar School of Pavol Horov (a pitch for handball, basketball, tennis, and volleyball), Secondary School of Business and Services in Školská Street (a multifunctional playground, and pitches for football and handball), Church Secondary Technical School of St. Cyril and Methodius (a volleyball







pitch), Secondary Technical School in Kapušianska Street (a football pitch, 400-meter athletics track), and Secondary Technical School in Partizánska Street (350-meter athletics track, 2 tennis courts, and a football pitch).

### **Ice-hockey Stadium**

This building was completely reconstructed between 2017 and 2018 – the roof was repaired, the sheathing of the stadium was replaced, the interior of the building was refurbished including new boards, new technological equipment was installed, and a new parking area was built.

### **Sports Halls**

There are three sports halls – the Municipal Sports Hall, the Chemkostav Arena and the Sports Hall of Grammar School of Pavol Horov.

The Municipal Sports Hall is owned by the town and is partly reconstructed. It is used for training, sporting competitions, as well as for cultural and social events. The hall has a multifunctional use.

The Chemkostav Arena belongs to the private company Chemkostav. This is the home of the women's hand-

ball club Iuventa Michalovce. It is also used for various cultural, social, and sporting events.

The Sports Hall of Grammar School of Pavol Horov is owned by the Košice Self-governing Region. Basketball players play their matches there, and the facility is also used for other purposes.





Michalovce Football Stadium is one of the most beautiful football facilities in Slovakia, fulfilling all the criteria set by the Slovak Football Association.

Its complete reconstruction has been carried out including side and training pitches, lighting, seat stands, main office building, youth teams premises, and the corresponding infrastructure.



# The state of the s

### The Municipal Swimming Pool

It has been partially reconstructed over the past period.

### Special Sports Facilities

Some sports clubs require special sports facilities – specifically equestrian horse-riding, shooting, or table tennis.

Michalovce Real Madrid

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The equestrian riding club has its premises in Kapušianska Street, the shooting club uses a shooting range in Topolianska Street, table tennis players play in a table tennis hall in Kapitána Nálepku Street.

# Other Sports Facilities and Playgrounds

### Fitness centres

Sixteen fitness centres provide the public with their services – J. Berdy Fitness Centre, J. Winkler Fitness Centre, Impulse gym, R-club Wellness Studio, R + R Ladies Fitness, and Rock Body Gym (with their technical equipment and services they rank among high-quality facilities).

The offer is widened by gymnasiums at Primary School in Školská Street, Primary School in Okružná Street, and at Grammar School of Pavol Horov.

### Athletic Fields

Eight athletic tracks located on the sports grounds of various schools serve the athletes – T. J. Mousson Primary School in T. J. Mousson Street, Primary School in Jána Švermu Street, Primary School in Moskovská Street, Primary School in J. A. Komenského Street (there is a course with artificial surface), Primary School in Okružná Street, Primary School in Krymská Street, and Secondary Technical School in Partizánska and Kapušianska Streets.





### Tennis courts

For recreational tennis players there are 16 tennis courts in the town - the Tennis Centre in P. O. Hviezdoslava Street, the courts in Zeleninárska Street, Priemyselná Street, and Pekárenská Street, as well as on the grounds of Grammar School of Pavol Horov, Secondary School of Business and Services in Školská Street, Secondary Medical School in Masarykova Street, Secondary Technical School in Partizánska Street. Grammar School in Ľudovíta Štúra Street, Primary School in Jána Švermu Street, Primary School in Školská Street, Primary School in Okružná



Street, and Primary School in Krymská Street.

They are either outdoor or indoor, with artificial surfaces or clay, regularly maintained, and they serve to the general public.



### **Bowling Halls**

For this sport, there are two facilities in the town – the Bowling Club at Idea Restaurant in Jána Hollého Street, and the Bowling Club at the Chemkostav Arena in Kuzmányho Street.

### **Playgrounds for Children**

Four playgrounds and two multifunctional playgrounds have been built as part of a complex reconstruction of the housing estate East.

There are also children's climbing frames, swings, and other elements for playing in the inter-block are-







as of the housing estates South and West.

In the Nad Laborcom housing estate (Stráňany), the grounds of Primary School in Školská Street, and a former vocational school are used for this purpose.

In the housing estate Stráňany, the construction of a relaxation zone has been carried out through a project, featuring various sports elements that have been included.

Children's playground has been built in the SNP housing estate, and a simple playground has been built in Mlynská Street.

In 2018, two modern playgrounds have been installed in the town centre – on the squares of Námestie osloboditeľov, and Námestie slobody.

### Hiking Trails and Cycle Paths

Several hiking trails and cycle paths start in the cadastral area, and cycle paths have been set up in the town itself.









ports facilities in the town are accessible to the general public without any significant restrictions.

The promotion of sport is carried out in various forms – in the fortnightly newspaper Michalovčan, on Mistral Municipal TV, on the town's website, on the town's advertising spaces, a calendar of sports activities and events for the corresponding calendar year is made. In addition, the town's website contains a summary of all sports clubs and civic associations with links to their own websites (the clubs and associations update the information on their activities and achievements).

Every year, a moral and material evaluation and appreciation of the best sportsmen and sports teams of the town of Michalovce is awarded in the category of pupils, adolescents, and adults, contributing, thus, to the promotion of sport as well as does the reception of successful athletes by the Town Mayor in the representative spaces of the Town Hall.









# SPORTS CLUBS AND ASSOCIATIONS IN THE TOWN, PARTICIPATION IN LEAGUES

t the town level, there are a total of 55 sports clubs and sports associations registered, with the membership of more than 3,000 members (more than 1,700 members from the ranks of the youth and more than 1,200 members from the adult category). Of these, 38 clubs are devoted to youth.

Sports activities take place in 29 types of sports – football, handball,

athletics, judo, ice-hockey, martial arts, and hiking rank among the most popular. The teams of these sports clubs and associations take part in competitions at district, regional, national, as well as international level.

In Michalovce, athletics is done by the Sports Club Comenium, the Athletics Club and TRI-Club MKM; basketball is played by The First Basketball Club – Girls and The First Basketball Club; football is played by Telovýchovná jednota Sokol Močarianska, the Sports Club Vrbovec, the Football Club Topoľany, the Sport Club Roma, and the Municipal Football Club (MFK) Zemplín, a. s.; handball is played by the Handball Club Iuventa, the Municipal Handball Club Junior, the Veterans Handball Club Michalovce, ball hockey is played by Michalovce Union of Ball Hockey;









mountain climbing is represented by the Vihorlat Mountaineering Club; equestrian is represented by the Sports Club Mada Bulík; yachting is represented by the Yacht Club Šírava; judo is done by the Sports Club Zemplín – judo club, and the Sports Club of Boda; karate is done by the Youth Club Goju-Ryu Karate; ice-hockey is played by the Ice-hockey Club Youth, and the Ice-hockey Club Dukla; swimming is represented by the Swimming Club Orca; table tennis is played by the Table Tennis Sports Club, and the Table Tennis Club Slávia; chess is played by the Chess Club Zemplín; dancesport is practised by the Dance Club Grácia; tennis is played by the Tennis Club Lobax (Veterans), and the Tennis Club Junior Michalovce; hiking is represented by the Club of Slovak Tourists - Turista. The First Michalovce Club of Slovak Tourists, and the Civic Association Návraty; volleyball is played

by the Telovýchovná Jednota Start Odeta, and the Volleyball Club; powerlifting is done by the Sports Club Zemplín – Powerlifting; kickboxing is done by the Sports Club of Kickboxing; floorball is played by the Floorball Club; bridge is played by the Bridge Club – NHB Palma; the Civic Association of Technical Sports and Activities devotes to amateur radio and shooting sport; martial arts are done by the Mixed Martial Arts, the Red Dragon (Aikido), the Civic Association Seiken, and







the European Horting Federation; shooting is practised by the Club of Military Reserves, the Shooting Club Multi, the Sports Shooting Club Youth, and the Double Alpha Combat Club; motorsport is done by the Motovia Moto Club; archery is done by the Friends of Archery Group; motorsport is also represented by the Marlau; yachting by the Yacht Club Tatum; boxing, Tabata, and workout trainings are done by the Zemplín Workout; marriage card game is played by the Marriage Club; boxing is represented by the Boxing Club Zemplín; workout by the Berdy Fitness Club.

Altogether, 3,055 sportsmen are engaged in sports activities, of which 1,755 are in the youth categories.

Twenty seven sports clubs and organizations are devoted to the development of sport for all, performance sports are carried out in 21 clubs, top sport in 4 clubs (8 collective sports), clubs or organizations of individual

sports are also active (fitness, power-lifting, judo, and martial arts).

In the highest Slovak competitions, these sports clubs represent the town – the Football Club MFK Zemplín Michalovce (Fortuna League – Men), the Football Club MFK Zemplín Michalovce (the First Slovak league – Women), the Handball Club Iuventa Michalovce (WHIL – Women), the Floorball Club Michalovce









(Women's Extra League), the Bridge Club – NHB Palma (the First Slovak Bridge League), the Marriage Club Michalovce (Slovak Extra League), and the Sports Club Zemplín – Judo Club (Slovak National League – Women).

In the second highest Slovak competitions, these sports clubs represent the town – the Ice-hockey Club Dukla Michalovce (Budiš – The

First Men's League), the Handball Club Iuventa Michalovce (the First Women's League), the Bridge Club – NHB Palma (the Second Slovak Bridge League), BC Zemplín Workout Michalovce (the Second Slovak Boxing League), and the Chess Club Zemplín Michalovce (the First League East).

The most numerous club in terms of membership is the Foot-

ball Club MFK Zemplín Michalovce a. s., which records a total of 435 members (of which the youth under 7 to under 19 is represented by the number of 350 and adults amount to 85). The club also has the most teams taking part in competitions – 15 teams (9 pupil teams, 4 adolescent teams, and 2 adult teams).

In 16 cases, sports clubs and associations do not have a youth membership.

In the field of technical sports, there are 7 clubs involved in shooting, motoring and amateur radio. Most members are engaged in sports shooting (in five clubs with 207 registered members, of which 14 are youths). Motorsport is dealt with by 2 clubs. Eight members participate in the radio amateur competitions (participating in various competitions within the East Slovak Region).



# SPORTS INITIATIVES AND EVENTS, PROMOTING THE INTEGRATION OF ALL AGE AND SOCIAL GROUPS

## SCHOOL SPORT AND SCHOOL PHYSICAL EDUCATION

Physical and sports education is a compulsory subject at primary and secondary schools, the education also includes basic swimming training (or improving swimming skills), and a ski course.

The system of school sports competitions organized at primary and secondary schools has a progressive

character. Sports activities within the school sport are managed by the District Council of the Slovak Association of Sports in Schools.

School competitions are held in 19 sports – athletics, cross-country running, orienteering, indoor football, mini-football, football, futsal, aerobics, dodge-ball, volleyball, handball, basketball, floorball, airgun shooting, table tennis, gymnastic tetrathlon, foot tennis, and badminton.

At the Michalovce town level, all primary schools take part in the competition "Mayor of Michalovce Cup" in various sports (mini-football, handball, swimming, multi-event contest, dodge-ball, floorball, inline skating, basketball, table tennis, chess, or volleyball).

The Town Sports Olympics of the Michalovce Primary Schools in Collective Sports and Athletics is the culmination of all sports com-











petitions in the town every year (for more than 30 years) preceded by the School Olympic Games held at the school level.

The Olympiad of Michalovce Nursery Schools is also organized every year (for more than 10 years). For the pre-school children, the town regularly prepares the League of Physical Fitness of the Children of Nursery Schools, which consists of four rounds (almost 10 years of tradition).

Since the school year 2013/2014, nursery schools have been involved in the increasingly popular Skating Literacy Project, in which children learn – in the range of 5 to 6 hours – the basis of skating under the guidance of qualified trainers (organized by the town of Michalovce in cooperation with the Ice-hockey Youth Club).

In addition, nursery schools actively engage in various sports activities and projects (e. g. Let's Exercise for Health, Physical Activities with Basketball Coach of the First

Basketball Club, Football Training with MFK Zemplín Coach, Olympic Competence Badge, Gym-fit, Sports Activity Group – Aerobics, Healthy Preschool Kid, Day of the Family, and Father's Day, My Friend Fit Ball, Young Footballers, Pre-swimming Training, Sports with Family, Autumn Sports Tours, Gymnastics Activities, or Sports Olympics of Nursery Schools).









The improvement of the conditions for sporting activity has also been supported by the establishment of gymnasiums in nursery schools, which, in cooperation with the town, parents, and sponsors, have been implemented by the directors and employees of Nursery School in Školská Street, Nursery School in J. A. Komenského Street, Nursery School in Jána Švermu Street, and Nursery School in S. H. Vajanského Street.

# TALENTED YOUTH GROUPS, SPORTS CLASSES AND LEISURE CENTRES

For a long time, there have been schools of talented youth in Michalovce, that, among other things, run sports clubs. Specifically, there are teams of talented youth established at the Football Club MFK Zemplín and the Handball Club Iuventa Michalovce, with qualified trainers taking care of professional development. Sports preparation for pupils is car-

ried out in schools and sports clubs. Individual teams are also regularly involved in championships at the county level, or national level respectively.

There are 8 primary schools estab-

lished by the town of Michalovce -

in some of them (for the support of talented children and youth), sports classes and leisure centres (following school sports centres) are set up. Sports classes are set up at Primary School of T. J. Mousson in T. J. Mousson Street (focusing on floorball), Primary School in J. A. Komenského Street (focusing on athletics), Primary School in Školská Street (with focus on swimming and ice-hockey), and Primary School in Okružná Street (focusing on football and handball). Sports training in these classes is conducted by physical education teachers with the required qualification in the given sport, or qualified trainers from the respective sports clubs.

In the 45 centres of leisure time (709 pupils in total), there are also





departments with a focus on various types of sports: floorball and handball at the T. J. Mousson Primary School in T. J. Mousson Street; football, basketball, floorball, athletics, gymnastics, table tennis, volleyball, dodge-ball, cycling, and hiking at Primary School in Jána Švermu Street; sports games, movement games - sport wrestling and young athletes at Primary School in J. A. Komenského Street; floorball, gymnastics, basketball, and volleyball at Primary School in Školská Street; football and handball at the Primary School in Okružná Street; handball at Primary School in Krymská

Street; basketball, handball, and airgun shooting at P. Horov Primary School in Kapitána Nálepku Street.

The material provision of these departments with sports apparatuses and equipment has improved lately, and the sports equipment of the respective schools is also used.

In most cases, health care is carried out in an individual form and by a doctor attending competitions, in two cases – the sports class of swimming (Primary School in Školská Street), and the sports class of football and handball (Primary School in Okružná Street) – regular medical monitoring and testing is carried out.

After completing their primary school, the sports-talented children have the option of continuing with sports trainings at two secondary schools focusing on sports.

Grammar School of Pavol Horov in Masarykova Street has classes with extended teaching of physical education (especially football and women's handball), and the Secondary School of Business and Services in Školská Street has a class with extended teaching of physical education (with a focus on ice-hockey and football).

Centre of Gifted Youth East has been established by the Slo-











vak Judo Association, incorporating young talented judokas from 8 clubs within the Košice and Prešov Self-governing Regions (the districts of Michalovce, Košice, Prešov, Poprad, Bardejov, Spišská Nová Ves, Rožňava, and Vranov nad Topľou). Since January 2016, the Sports Club Zemplín Michalovce – Judo Club has been undertaking the management of this centre.

### SPORTS FOR ALL

In the field of sport development, the sport clubs and civic associations play irreplaceable role focusing on indoor football, athletics, yachting, table tennis, soft tennis, bridge, dancesport, volleyball, hiking, floorball, as well as technical, combat and shooting sports. There are long-term championships and competitions in these sports based on the calendar of sports competitions in selected age categories.

ganizes important athletic events at the national Slovak level (34th edition of the Podvihorlatsky Marathon, 16th edition of the Michalovce Half-marathon, 3rd edition of the Michalovce Half-marathon Relay, 25th edition of the Michalovce One-hour Run, 25th edition of the Michalovce Shield Run, 3rd edition of the Autumn Run, 3rd edition of the Spring Run, and 21th edition of the Michalovce Region Running League) – all these events have made a significant contribution to the fact that the number of recreational runners in Zemplín region has grown in recent years and the suburban area of Biela hora as well as the suburban area of the water reservoir Zemplínska šírava have started to be used for lighter sport activities.

The Athletic Club Michalovce or-

Another sport sector that promotes the development of sport for all is tourism. Through three clubs in the town – KST Tourist, PMKST







Michalovce, and the Civic Associa- ball tournaments of its twin-towns. tion Návraty, an offer of tourism for In November, on the occasion of all ages has been broadened. Tourism uses the surroundings of the water reservoir Zemplínska šírava, the Vihorlat Mountain forests, the Viniansky Castle, or the rivers of the Zemplín region.

Other sports gaining popularity are represented by men's soft tennis league, bowling league, the first and second volleyball league, ice-hockey league, floorball league, veterans' tennis league, and futsal league.

For women, exercises in the form of aerobics, Callanetics, Pilates, Zumba, or Tabata are also popular.

There are also fitness centres available.

Sports Days of individual residential areas or housing estates are also organized focusing primarily on family-type competitions.

For many years, the town of Michalovce has been engaged and also has been organizing football and volleythe liberation of the town, the twintowns of Vyškov, Uzhhorod, Jaroslaw, and Liptovský Mikuláš take part in a football tournament in Michalovce. The volleyball tournament is organized in cooperation with the twin-towns of Vyškov and Jaroslaw.









### OLYMPIC CLUB

The Michalovce Olympic Club is a civic association whose mission is to protect, promote, and develop the Olympic movement in the town and region. This, the 19th Olympic club in Slovakia, was founded on October 26, 2011 in the presence of Anton Švajlen (Vice-President of the Association of Olympic Clubs of the Slovak Republic) and Viliam Zahorčák (Mayor of Michalovce). At the founding meeting, 58 delegates from nursery, primary, and secondary schools and sports clubs chose Jozef Uchal' as the chairman.

In Michalovce region, the club organizes various sports, educational, cultural, and environmental activities aimed at developing Olympism and Olympic values. The volunteer work of the members is primarily aimed at young people. The Club is committed to implementing major projects of the Slovak Olympic Committee, such as

the Olympic Festival, Olympic Day, Olympic Badge of Versatility, Step Towards Health, as well as knowledge, literary, art, and photography competitions with the theme of sports, Olympics, and environmental activities.

In Michalovce, the Olympic Club is based on cooperation with the town, nursery schools, as well as primary and secondary schools. The club also has a very good cooperation with associations of disabled people and sports clubs.

### **SPORT FOR SENIORS**

The Union of Michalovce Retirees in cooperation with the Michalovce Municipal Authority (Education and Sports Department) has been organizing the Michalovce Seniors' Olympics since July 2009 under the auspices of the Mayor of the town. Thus, on the grounds of Primary School in J. A. Komenského Street, seniors from the Michalovce day-care centres meet.

Seniors also meet for a variety of one-time sports activities (table tennis, bowling, exercises to music, powerball exercises, nordic walking).

### **SPORTS FOR DISABLED PEOPLE**

In 2018, the 7th edition of the Disabled People's Olympics took place under the auspices of the Mayor of the town (they competed in five disciplines).

Disabled seniors had the opportunity to fulfil the conditions of the Olympic badge under the supervision of the Michalovce Olympic Club.



# INTENDED SPORT ACTIVITIES OF THE TOWN AS THE EUROPEAN CITY OF SPORTS

### JANUARY

■ volleyball, soft tennis, futsal, ice-hockey, and floorball league matches

### **FEBRUARY**

- sporting event Mixed Martial Arts
- volleyball, soft tennis, futsal, ice-hockey, and floorball league matches

### MARCH

■ the Spring Run of Michalovce Citizens

### **APRIL**

■ Football Tournament of Internationals

### MAY

■ the Podvihorlatský Marathon, the Michalovce Half-marathon, and the Michalovce Half-marathon Relay

### JUNE

- the Town Olympics of Nursery Schools, the Olympics of Primary Schools, the Michalovce Seniors' Olympics, the Disabled People's Olympics
- International Grand Prix of the Town of Michalovce – judo sporting event
- Michalovce Cup International Football Tournament of under 17 Category

### JULY

- **a** holiday tournament of minifootball for primary school pupils
- Bike fest Olympic Club Michalovce, Velobiker

### **AUGUST**

- Summer Michalovce Streetball
- Michalovce FootballChampionship of over 50 Category

### SEPTEMBER

the Michalovce One-hour Run

### OKTOBER

- the Autumn Run of Michalovce Citizens
- Select Your Sport a sporting event for nursery school children

### NOVEMBER

- the Michalovce Shield Run
- the Ivan Pšenko Children's Run

### DECEMBER

Skating Literacy for the children of nursery schools and primary schools

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